

Helping Hands UP
Committee Meeting Minutes
January 25, 2023

The meeting, via Zoom, was called to order by Linda Verrill at 5:33 pm

Present: Linda Verrill, Mary Gathercole, Deborah Rosenfelt, Peggy Smith, Edmond Shenassa,

1. Review of November 22, 2022 Minutes: Approved

2. Administrative

a. Meeting Day: The committee discussed the change in meeting day from Tuesday to Wednesday. We will continue to meet on the 4th Wednesday and revisit if necessary.

b. Services provided: Linda reported that for the last 2 months the rides and services provided , both directly through and on behalf of HH, totaled approximately 20 volunteer hours by 3 volunteers.

c. Helping Hands listserv: Peggy will continue research (Gaggle.com and Group@IO) and set up test site.

3. New and Continuing Business

a. Gerontology Social Worker: Linda opened discussion of possible ways to inform our members about services available from UP resident Erica Greenspan. She previously worked at Riderwood and now works in private practice. Ideas included a possible seminar and/or Corridor Conversation. Linda to contact her to discuss.

4. Recent and Upcoming Events

a. Potential seminar: Exploring the Medical Cannabis Card - will require more research for appropriate presenter.

b. Brainstorm other 2023 Activities: In addition to the seminars in 3(a) and 4(a) the committee discussed the following ideas:

- o Mary will check with Artworks Now about arranging a class for HH members
- o Debbie and Edmond will research an instructional class for iPhone photography
- o Linda and Edmond will research a Sunday concert/reception at The Clarice, May 7. Linda to contact Jane Hirshberg to explore receptions.
- o All agreed that we should again hold a Fall Party (Linda volunteered her home)
- o Ideas were discussed for a Spring newsletter and whether and/or when to do gift bags

c. January Lunch Club Recap (Denny's): Was well attended and handled by an excellent server.

d. February Lunch Location? 2/15: TBD

e. Corridor Conversations (UP cohosts): Member Gerry Hendershot is on the calendar for January

f. Conversational Spanish - Wednesday's 3pm, via Zoom: well attended, as usual.

5.. Budget: The UP Town Council is working on the next budget. HH committee member/council liaison Mary Gathercole will relay the need for Helping Hands funding to remain a line item in the budget, whatever the allocation may be.

6. Other Business – None

7. The next meeting : The committee chair will be out of town on Feb 22. The next meeting date TBD

The meeting was adjourned at 6:28 pm

Respectfully submitted,
Peggy Smith, Secretary